



Strategic Regulatory Due Diligence for a Hair & Follicle Monitoring Platform (Health Canada)

CASE STUDY

Website:

www.elexes.com

Overview



- ▶ An early-stage digital health company developing a software-led follicle monitoring solution engaged Elexes Medical Consulting to clarify whether their product qualified as a medical device under Health Canada regulations.
- ▶ The engagement focused on reducing regulatory uncertainty, avoiding premature compliance investment, and defining a clear path forward aligned with the company's business and product strategy.



Client Context



- ◆ The client is a health technology startup building a follicle and hair monitoring platform intended to support users and professional partners in tracking hair density and follicle trends over time.
- ◆ The solution is primarily software-driven, with the use of off-the-shelf imaging accessories.
- ◆ The company planned to enter the Canadian market first, followed by staggered expansion into the U.S. and Europe depending on funding and regulatory clarity.
- ◆ At the time of engagement, the client had no formal QMS in place and was intentionally holding off on testing and documentation due to uncertainty around regulatory classification.



The Challenge



➤ **The core challenge was determining whether the product:**

- Qualified as a medical device under Health Canada's CMDR
- Could remain a general wellness/non-medical product, depending on claims

➤ **This uncertainty had direct implications for:**

- The need for QMS and MDSAP certification
- Design History File (DHF) creation
- Documentation, testing, and timelines
- Overall cost and go-to-market strategy

The client needed fast, defensible clarity before committing resources.

Elexes' Approach



- Elexes recommended starting with targeted regulatory due diligence, rather than immediately moving into full regulatory execution. The approach was intentionally customer-centric and risk-based.

STEP 1

Regulatory
Qualification &
Due Diligence

STEP 2

Classification
Scenarios &
Decision Framework

STEP 3

Strategic Next-
Step Options



Step 1:

Regulatory Qualification & Due Diligence



Elexes conducted a focused review of:



Intended use and product functionality



Planned claims across labeling and marketing



Software outputs and user interaction



Alignment with Health Canada's definition of a medical device

Using this analysis, Elexes evaluated the product against Health Canada's CMDR framework.

Step 2:

Classification Scenarios & Decision Framework

➤ Elexes presented three defensible regulatory outcomes, explicitly tied to claims:

- General Wellness / Non-Medical
- Class I Medical Device
- Class II Medical Device

➤ Each scenario outlined:

- Regulatory implications
- Documentation expectations
- QMS and MDSAP impact
- Strategic pros and cons

Crucially, Elexes highlighted that final classification is driven by claims, while considering the underlying technology.



Step 3:

Strategic Next-Step Options








Based on the outcomes, Elexes outlined tailored next steps:

- ▶ If positioned as exempt/wellness, explore the feasibility of obtaining written clarification from Health Canada (with clear disclosure that HC does not offer FDA-style formal determinations)
- ▶ If Class I or II, proceed with a phased roadmap covering:
 - QMS implementation aligned with MDSAP
 - Regulatory documentation planning
 - DHF creation and submission preparation

All recommendations were framed to support founder decision-making and investor discussions.

What Elexes Delivered



-  A concise regulatory due diligence assessment
-  Clear classification scenarios tied to claims
-  A structured decision framework for leadership
-  Practical guidance on avoiding unnecessary compliance build-out
-  A defensible foundation for Canada-first, multi-market expansion planning



Outcomes & Impact



- Reduced regulatory ambiguity at an early stage
- Prevented premature investment in QMS, MDSAP, and DHF activities
- Enabled informed decisions on product positioning and claims
- Provided clarity that could be shared with internal stakeholders and investors
- Positioned the client for faster execution once a regulatory path is selected

Why This Matters



- ▶ Many digital health and monitoring products sit at the intersection of wellness and regulated medical devices.
- ▶ Moving too quickly into full compliance can significantly increase cost and timelines, while moving too slowly can expose companies to regulatory risk.
- ▶ This engagement demonstrates the value of strategic regulatory due diligence as a first step, particularly in Healthcare, where classification hinges heavily on intended use and claims.



Who Could Benefit from This?

This approach is particularly relevant for:



Digital health, wellness, and monitoring platforms



Software-led products using off-the-shelf accessories



Startups without an existing QMS



Companies planning Canada-first or multi-market entry



How This Translates to Other Products & Markets



The same methodology applies to:



Skin imaging and
dermatology platforms



Fertility and hormone
tracking solutions



AI-enabled analysis and
monitoring tools

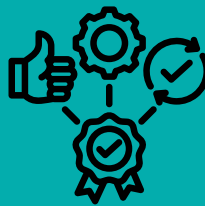


Diagnostics-adjacent
wellness products

While this engagement focused on Health Canada, the early qualification and claim-driven strategy directly supports future FDA and EU MDR planning.

Next Steps

Once the client finalizes intended claims and positioning, Elexes can seamlessly transition into:



QMS implementation aligned with
MDSAP



Regulatory documentation and DHF
creation



Health Canada MDL submission
and follow-up

Note: Final regulatory classification is subject to Health Canada interpretation and depends on finalized claims and intended use.